

December  
Nursery Rhyme

Star Light,  
Star Bright

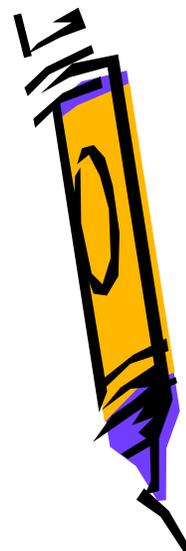
Star light, star bright,  
First star I see tonight,

I wish I may, I wish I might,  
Have the wish I wish tonight





# December Activities



## Laundry Sorting

Colors have light and dark shades. Talk with your child about different shades of yellow or blue. As you sort laundry and do other activities, talk about the different shades of colors you see. Ask your child to show you different shades of colors that are favorites.



## Winter Star Gazing

Take time to notice the winter stars with children. See if the North Star or Big Dipper can be seen. It could also be a fun time to practice the rhyme together.

Enjoy a colorful book about stars with children. Would it be fun to draw pictures of stars and staple it together to make your own book?



## Star Mask

Use a paper plate, or piece of paper to cut a star shape. Allow children to decorate the star using crayons, markers, stickers or paint.

After decorating the star, attach a spoon, Popsicle stick or tongue depressor to make a handle for a mask. Wear your masks and recite the rhyme together.

On another day, you could use a paper plate (or cut out an oval shape) to create a moon. Make up a story about the star and the moon. Ask children to make up a story and have fun using masks to act out the stories.

## Cookie making

Make star cookies this month to share with friends and family. Decorating with icing or sprinkles can be fun for young children. They then have a nice gift to share with others. This is a good time to talk about measuring, pouring, mixing and kitchen safety.



*Children learn best in the context of a loving relationship. These activities are designed for children and adults to do together. Children should be encouraged to do as much as they safely can by themselves. There should be a lot of lively discussion accompanying these activities.*